

A3: 5-day Lhasa & Ganden Monastery Tour

Trip Overview

Enjoy this multi-day tour, which covers the historical sites like The Potala palace, Jokhang Temple and Bakor Street and the three major monasteries in Tibet: Drepung Monastery, Sera monastery and Ganden Monastery. Apart from that tourists will have the opportunity to trek Lingkor (circle) and see the Great Tsongkapa’s meditation cave.

Highlights:

- **Potala Palace:** Winter palace of the Dalai Lama
- **Jokhang Temple :** Spiritual Center for Buddhists in Tibet
- **Barkhor street:** This street surrounds the Jokhang Temple and is filled with pilgrims and wide range of souvenirs;
- **Sera Monastery:** One of the “great three” Gelug monasteries of Tibet, the hot attraction is monks debate.
- **Drepung Monastery:** Drepung used to be a seat of central government until the 5th Dalai Lama built Potala Palace.
- **Ganden Monastery:** one of the “Great Three” Gelugpa monasteries of Tibet.

Outline Itinerary

B=Breakfast D=Dinner

Day	Place & Transport	Accommodation	Meals	Today’s Activities or Sightseeing
Day 1	Arrive in Lhasa	Economy Hotel	-	Airport/train station to Hotel transfer
Day 2	Lhasa	Economy Hotel	B, D	Potala Palace, Jokhang Monastery, Barkhor Street
Day 3	Lhasa	Economy Hotel	B	Drepung Monastery, Sera Monastery
Day 4	Lhasa–Ganden Monastery--Lhasa	Economy Hotel	B	Ganden Monastery
Day 5	Depart from Lhasa	-	B	Hotel to airport/train station transfer

Detailed Itinerary

Day 1 Arrive in Lhasa by plane or by train

You are warmly welcome to Tibet by saying Tashi Delek at the Train station/airport by our professional employee and send you to reserved hotel in Lhasa. Then have a good rest to acclimatize the high altitude in the afternoon.

Meals included: —

Hotel: Lhasa YAK Hotel (or other similar Hotel)

Day 2 Lhasa (B, D)

The tour will begin from UNESCO World Heritage site - Potala Palace, which is also the winter palace of Dalai Lama. It's situated at 12,139 feet above sea level. It's a 13-story high building that contains over 1,000 rooms, various statues, stupas, murals and artifacts.

Then continue to Jokhang Temple, another UNESCO World Heritage site. It's a spiritual center for Buddhists in Tibet. Next to the temple there is Bakhor Street, filled with pilgrims and street vendors, selling traditional Tibetan items such as prayer wheels and jewelry.



Meals included: Breakfast & Dinner

Hotel: Lhasa YAK Hotel (or other similar Hotel)

Day 3 Lhasa (B)

In the morning, you are going to visit Drepung monastery which was one of the “three great” Gelug monasteries of Tibet and was founded in 1416. Ganden palace is used as Dalai Lama’s palace in the Drepung before moving to the Potala palace.

Afternoon, Sera Monastery---It was one of the “three great” Gelug monasteries of Tibet and was founded in 1419. The highlight is the Monks debate at around 3 - 5 in the afternoon.



Meals included: Breakfast

Hotel: Lhasa YAK Hotel (or other similar Hotel)

Day 4 Lhasa –Ganden Monastery (Ganden Namgyeling) –Lhasa (B)

Drive to the Ganden Monastery which is one of the “Great Three” Gelug monasteries of Tibet. The main sight is Serdung, which contains the tomb of Tsongkhapa. It is very interesting to trek Lingkor (circle around the monastery) and clients can also see the Great Tsongkapa's meditation cave containing many religious statues, and enjoy the beautiful view of Lhasa valley.



Meals included: Breakfast

Hotel: Lhasa YAK Hotel (or other similar Hotel)

Day 5 Depart from Lhasa (B)

Your tour guide and driver will help to drop you at the Lhasa airport.

Service ends.

Meals included: Breakfast

Services Included

1. All necessary travel permits for Tibet (excluding Chinese visa);
2. Professional Tibetan **English speaking** tour guide;
3. Admission fee of all tourist sites listed in above itinerary;
4. Tourist bus/minibus with local driver for transportation between airport/train station and Hotel at designated period of time, and transfers for above tours;
5. Accommodation of 4 nights (3 star hotel) with daily breakfast;
6. Welcome Tibetan dinner.

Services Excluded

1. China Visa;
2. Lunches and Dinners;
3. Tips to guide and driver;
4. Insurance;
5. Other personal expense;
6. Any air tickets/ train tickets.

Important Notes:

1. Our free **airport--Hotel** transfer are based on bus transfers on below timings:

Lhasa airport--hotel: 12:20 noon, 4:00 pm

Hotel--Lhasa airport: 07:30 am; 11:00 am

If you miss the above timing, or if your flight cannot match the above time, or if your flight delay, or if you dont want to wait for other people, or if you prefer your own private transfer, we can arrange the following for you at extra cost:

500 Yuan/per taxi with guide for airport--hotel or vise verse (all year);

650 Yuan/per 5 seats Chinese business van with guide for airport--hotel or vise verse(all year except

July--Oct)

750 Yuan/per 5 seats Chinese business van with guide for airport--hotel or vise verse (July--Oct)

--please note transfers include tour guide is per government requirement.

2. Lhasa **train station--hotel** in Lhasa transfer is free on tour date

If you miss the above timing, or if your train cannot match the above time, or if your train delay, or if you dont want to wait for other people, or if you prefer your own private transfer, we can arrange the following for you at extra cost:

350 Yuan/per taxi with guide for train station--hotel or vise verse (all year);

480 Yuan/per 5 seats Chinese business van with guide for train station --hotel or vise verse(all year except July--Oct)

580 Yuan/per 5 seats Chinese business van with guide for train station --hotel or vise verse (July--Oct)

--please note transfers include tour guide is per government requirement.

3. We can upgrade your hotel with extra cost.

Tashi Delek & Enjoy Tibet and Tibetan culture!